



IT'S ABOUT YOU

WOMEN'S HEALTH & WELLNESS EXPO
PRESENTED BY THE AKA FOUNDATION OF CENTRAL PENNSYLVANIA INC
IN COLLABORATION WITH ALPHA KAPPA ALPHA SORORITY, INC.
EPSILON SIGMA OMEGA CHAPTER

SATURDAY, OCTOBER 12, 2019
9 AM - 3 PM

A FREE DAY OF SELF CARE!

AKA HEALTH VILLAGE
ASK THE DOCTORS

LIVE DEMONSTRATIONS

YOGA - LINE DANCING

BREAST CANCER
SURVIVOR STROLL

FREE PARKING!

SCOTTISH RITE
2701 N. THIRD STREET
HARRISBURG, PA 17110



DEONA
BELCHER



AMBER
CLARK



JELISSA
GILMORE



REGILYNN
HAYWOOD



PORCHA
JOHNSON



ROSANNE
JOHNSON



CORRIE
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DR. ROX



MANECLASS
SALON



DELILAH
WINDER



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ZOOMBALICIOUS

FOR INFORMATION, VISIT AKAFoundationOfCentralPA.com



AKA FOUNDATION OF CENTRAL PENNSYLVANIA, INC.

In Collaboration with
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**FREE
EVENT!**

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9 a.m. to 3 p.m.

Scottish Rite

2701 North Third Street, Harrisburg, PA 17110

**FEATURING
DR. JEN**



Frequently featured on
Dr. Oz, Rachel Ray,
Steve Harvey, Today,
CNN

FREE PARKING

DOOR PRIZES

FREE HEALTH SCREENINGS

- Blood Pressure
- Glucose
- Cholesterol
- BMI

- Healthy Snack Samples

HEALTH & WELLNESS RESOURCE EXHIBITS

- Bone Marrow Registry
- Breast Health
- Cancer Awareness, Prevention and Detection
- Caregiver Resources
- CHIP Program
- Cora Health and Wellness RV
- Diabetes Awareness
- Facials and Skincare
- Fitness
- Flu Shots
- Healthy Lifestyles
- Heart Health
- Integrated Health Services
- Kidney Health
- Living Wills
- Lupus Awareness
- Mammogram Scheduling
- Massage Therapy
- Natural Hair Care
- Nutrition and Wellness
- Opioid Recovery
- Organ & Tissue Donation and Transplant
- PA Breast & Cervical Cancer Early Detection Program
- Pennsylvania's Orders for Life Sustaining Treatment
- Power of Attorney
- Puddles Water Truck
- Sexual Assault Forensic Examiner (SAFE) Program
- Sickle Cell
- Smoking Cessation and Vaping
- Women's Services



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HEALTH VILLAGE PRESENTATIONS

9:10 am Organ Donation

Leslie R. Jean-Mary
Gift of Life
Donor Program



12:00 pm Women's Health

Dr. Jennifer Caudle
Family Medicine
Rowan University School of
Osteopathic Medicine



9:30 am Breast Health

Dr. Lisa K. Torp
Breast Surgeon
UPMC Pinnacle



1:15 pm Ask the Doctors

Dr. Chavone Momon-Nelson
Obstetrician & Gynecologist
UPMC Pinnacle



10:10 am Navigating the Medicare Marketplace

Hamilton Health Center

Dr. Jadd W. Koury
Colon & Rectal Surgeon
UPMC Pinnacle



10:50 am Diabetes

Dr. Renu Joshi
Endocrinologist
UPMC Pinnacle



Dr. Nicole C. Williams
Pathologist
Penn State Hershey
Medical Center



11:15 am Humor Does the Body Good

Sharon Veet, RN
UPMC Pinnacle



2:30 pm Childhood Obesity

Dr. Nakiya N. Showell
Pediatrician
Johns Hopkins Medicine



HEALTH AND WELLNESS EXHIBITORS

Aetna
American Heart Association
Be the Match
Blackbrier Corporation
Capital Blue Cross
Central Pennsylvania Coalition United to
Fight Cancer (CATALYST)
Chef Corrie
Chef Delilah
Dauphin County Area Agency on Aging
Dr. Rox Wellness
FLY Fitness LLC
Gift of Life Donor Program

Golden Touch
Kidney Foundation of Central Pennsylvania
Hamilton Health Center
Imago Life Counseling
Inertia Massage
Lupus Foundation of America
Mane Attraction Salon
National Coalition of Black Women Harrisburg Chapter
Nurses at Heart
Pa Health & Wellness
Penn State College of Medicine
Penn State Hershey Medical Center
Pennsylvania American Water

Pennsylvania Nutrition
Education Network
Rafiyqa Muhammad
Rite Aid
Sharon Woodward, Zumba
South Central Pennsylvania
Sickle Cell Council
There She Glows Skincare
thetrapyogini
UPMC Pinnacle
Young Professionals of Color
Greater Harrisburg
Zoombalicious

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